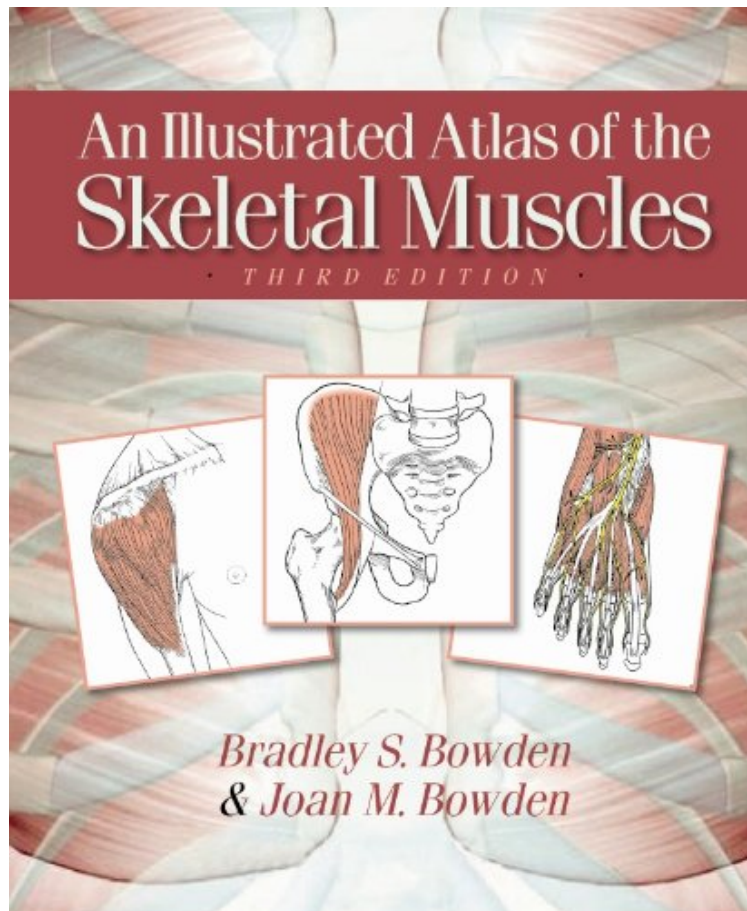


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An Illustrated Atlas of the Skeletal Muscles, 3rd Edition

Bradley S. Bowden

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1 of 1 people found the following review helpful. Great study tool!By Kindle CustomerI bought this book because my professor has several copies that she lets us use during class time when we are studying models and I found it a really helpful tool. Each page is dedicated to a single muscles and it concisely states the origin and insertion points of the muscle and the function of the muscle. It also contains some skeleton drawings with anatomical landmarks labeled and some joint information. It also has functional muscle groups (Dorseflexors, Hip flexors, Knee extensors, etc.) and nerve innervations in relation to the muscles. One reason I really loved this book is because the pictures of each muscles are large and detailed and you don't have to guess about where the muscle is going and the descriptions are detailed and helpful, but also concise, so there are not a lot of words on a page.The only thing I was disappointed about was the fact that it only came in loose leaf. I looked elsewhere for it in a bound form, but it was very expensive. I will probably go get it bound myself because it's such a great book I want it to last for a long time and I worry that

the pages will rip easily in a three hole punch binder. Overall, this book is a great study tool and I imagine it will come in handy over the years as I find the need to refresh my knowledge of the skeletal muscles.0 of 0 people found the following review helpful. Awesome book!By LauraIf you need to learn muscles then you need to buy this book.0 of 0 people found the following review helpful. I wouldn't buy this againBy Andrea BMy API teacher recommended this book to help with our muscle lessons. The book is nice in that it highlights the muscles individually. I don't like it because you don't always see the muscles clearly around the one you're looking at, so it can be difficult to get perspective. I also didn't like having to flip all over the place trying to find the muscle I wanted. Also, the pages are VERY thin and rip VERY easily. Overall, it's an okay book, but I'm sure there are better ones. If you don't have to have this one, keep looking.

An Illustrated Atlas of the Skeletal Muscles , Third Edition is designed as a functional reference, supplement, and study guide for students and health professionals with a broad diversity of interests in the normal structure and function of skeletal-muscular systems. 3-hole drilled.