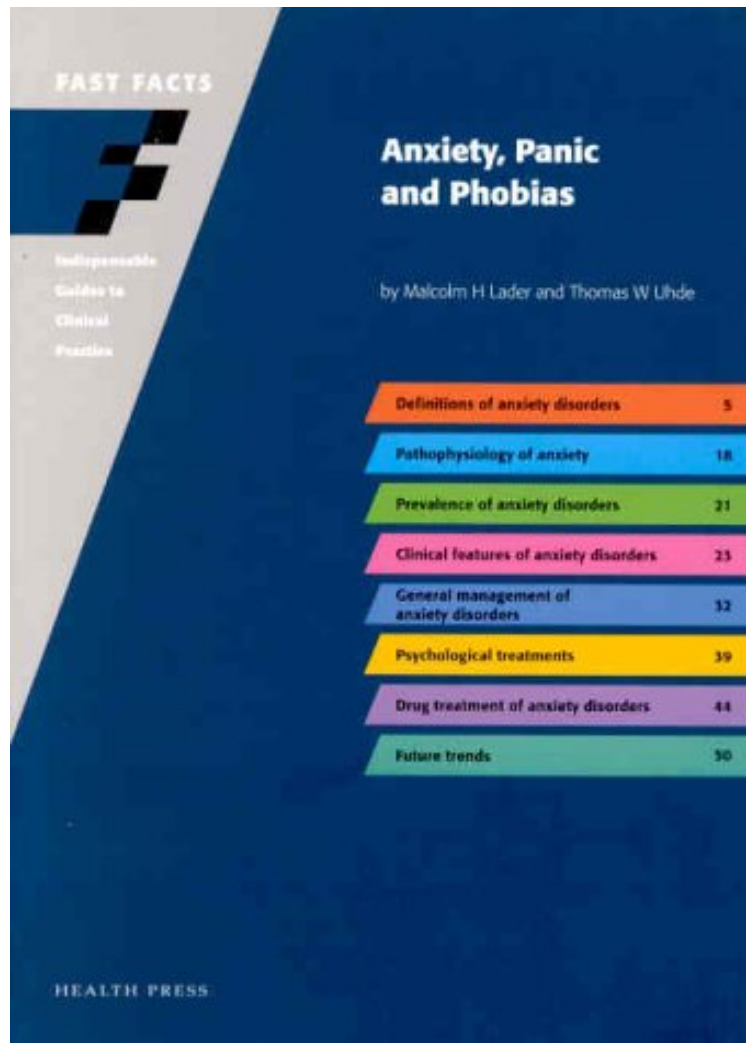


# Anxiety, Panic and Phobias

*Malcolm H. Lader, Thomas W. Uhde*  
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This clinical guide describes anxiety disorders, psychiatric conditions with particular characteristics, and management. Topics covered include generalized anxiety, panic disorder, phobic disorders and related conditions, obsessive-compulsive disorder and post-traumatic stress disorder. The authors also outline the various psychological and medical treatments available and end the text by looking to the future and what it may hold for sufferers and those who treat them.

'Anxiety, Panic and Phobias achieves its aim in providing a user-friendly, fact-filled service for its readers'. --Stress and Health, on the first edition  
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