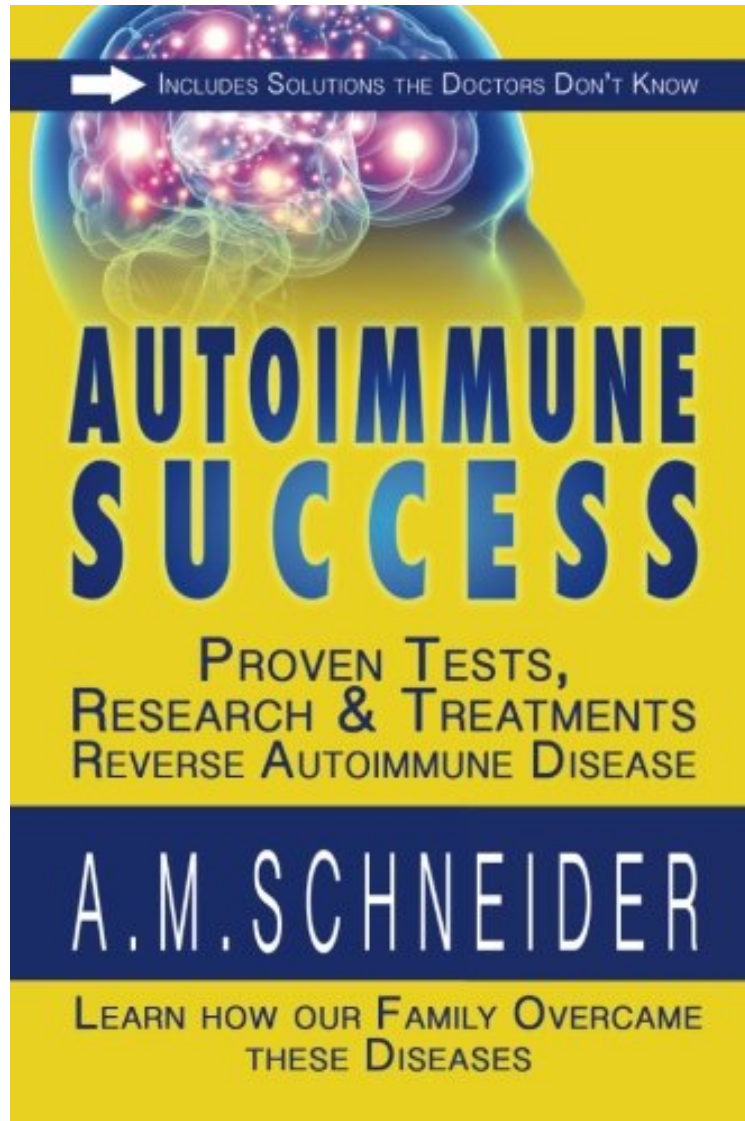


# AutoImmune Success: Tests, Research and Treatments that Reversed Symptoms

*Mrs. A M Schneider*

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This book is highly recommended! It provides helpful information to tests that doctors never mention. It also provides links and tips to help patients find the source of their health problems rather than just covering them up with medication and creating other problems down the road.

Who should read this book? \* Anyone with an autoimmune disease-ie Eczema, Lupus, MS, RA, RLS, UC, Crohns etc  
\* Anyone with a chronic inflammatory disease ie arthritis, undiagnosed allergies and IBS. \* Anyone with Attention Deficit Hyperactivity Disorder (ADHD) Find out: \* How my son's skin is healthy instead of looking like it is going to bleed \* How my daughter no longer has RLS symptoms so she gets a good night's sleep \* How we got rid of allergies, the doctor's tests did not pick up on, and got rid of allergen medications. \* Learn about the multi-step approach we used to reduce ADHD symptoms and improve grades. \* How my Ulcerative Colitis (UC) has went from severe bleeding to considered a mild case \* How my husband has reversed several MS symptoms and slowed MS progression \* WHY vitamin D is low and how to counter it to reduce risk and progression of disease. \* Learn how vitamin B tests from your doctor can be normal but might actually be low. Understand the symptoms of a false normal level of B vitamins can "mimic MS symptoms" \* Learn about a better test to find out if you have a problem processing B vitamins. Plus what you can do to really raise the levels of B vitamins usable to your cells. Hint it is not taking B vitamins in a multivitamin. \* Learn about more comprehensive tests that doctors didn't know about. Tests which can help you find root causes of inflammation in your body and what you can do about these issues. \* Learn what you can discuss with your doctor to reduce autoimmune symptoms and improve overall health. Remember you are your own best health advocate, as it is you that has the most to gain or lose. One way to help the health of your family is to learn about newer tests and research. This way you can have a more productive dialog with your health professional on how to improve and maintain health. It is my hope this book will give you pertinent information to discuss with your doctor. Specifically, tests your doctor can script and other information that will help you find and address contributing causes to your autoimmune disease.