Biotensegrity: The Structural Basis of Life

Graham Scarr
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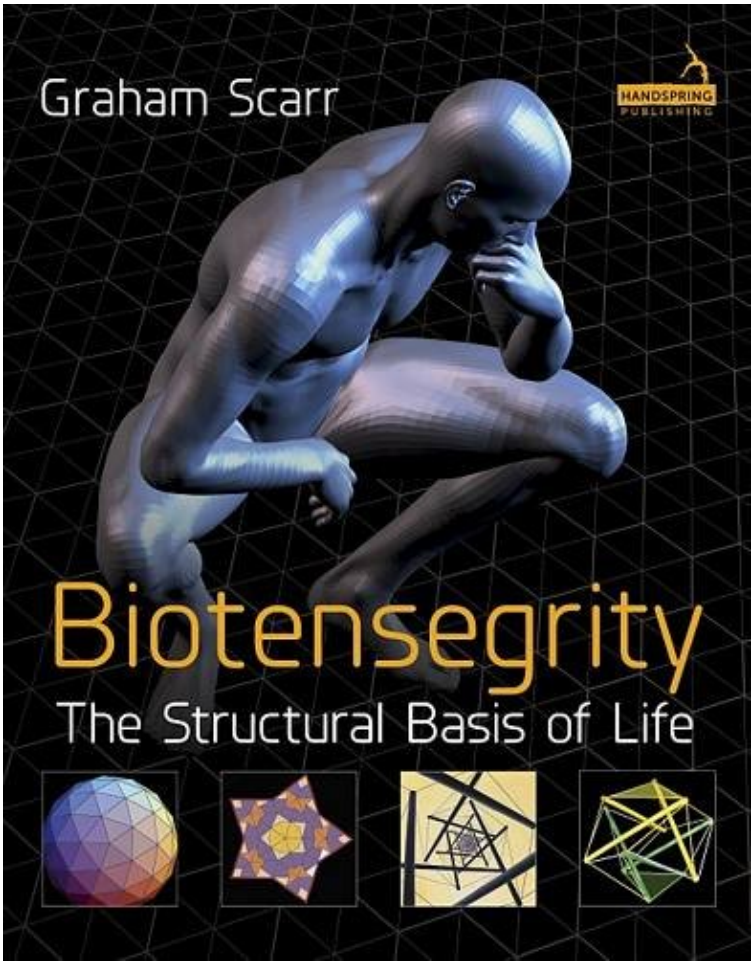

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Graham Scarr : Biotensegrity: The Structural Basis of Life before purchasing it in order to gage whether or not it would be worth my time, and all praised Biotensegrity: The Structural Basis of Life:

13 of 13 people found the following review helpful. ... and professional education workshops (in the fitness industry) I love the simplicity with which MrBy P. McCallAs an educator both for college and professional education workshops (in the fitness industry) I love the simplicity with which Mr. Scarr lays out the structural foundation of the human body. I've read Ingber, Myers and Schleip and this book is a great compendium of all of that information in a way that is easy to understand and, more importantly, leads to practical solutions for fitness professionals and bodyworkers. If you make a living helping people to move better then you must add Biotensegrity to your library.14 of 15 people found the following review helpful. Enjoyable and informative readBy Brian K. EstyThis book offers an excellent overview of Tensegrity as it applies to biological systems. It is very easy to digest, and has clarified some questions on the history of this subject, as well as gifted me with new insights as to how to apply the model to Manual Therapy.2 of

2 people found the following review helpful. A must for anyone interested in human kinetics.By Michael A LohmannDefinitely an interesting concept; covers full spectrum of the subject. Somewhat repetitive at times, and some parts are very esoteric and abstract--so challenging to follow. Overall, a worthwhile read for someone who is open to a 'new', and probably accurate way of interpreting human biomechanics.

This book brings all aspects of tensegrity/biotensegrity together for the first time, from its discovery, the basic geometry, significance and anatomy to its assimilation into current biomechanical theory.

About the AuthorGraham Scarr is a chartered biologist and osteopath with a particular interest in structural mechanics. Fascinated by the numerous examples of geometric patterns and shapes in nature, he has been researching their significance over many years. As a graduate in microbiology, and after spending several years developing his skills in a bacteriological research lab, he is now part of a specific interest group looking at the significance of the biotensegrity concept to biomechanics and clinical practice, and at the forefront of current thinking about this subject. Working closely with Stephen Levin, an orthopaedic surgeon who first recognized the importance of biotensegrity to living organisms, he has developed new models that progress our understanding of the structure-function relationship in biology. Graham Scarr is currently a Fellow of the Linnean Society and Member of the Society of Biology; he has published several papers on this subject in peer-reviewed scientific journals.