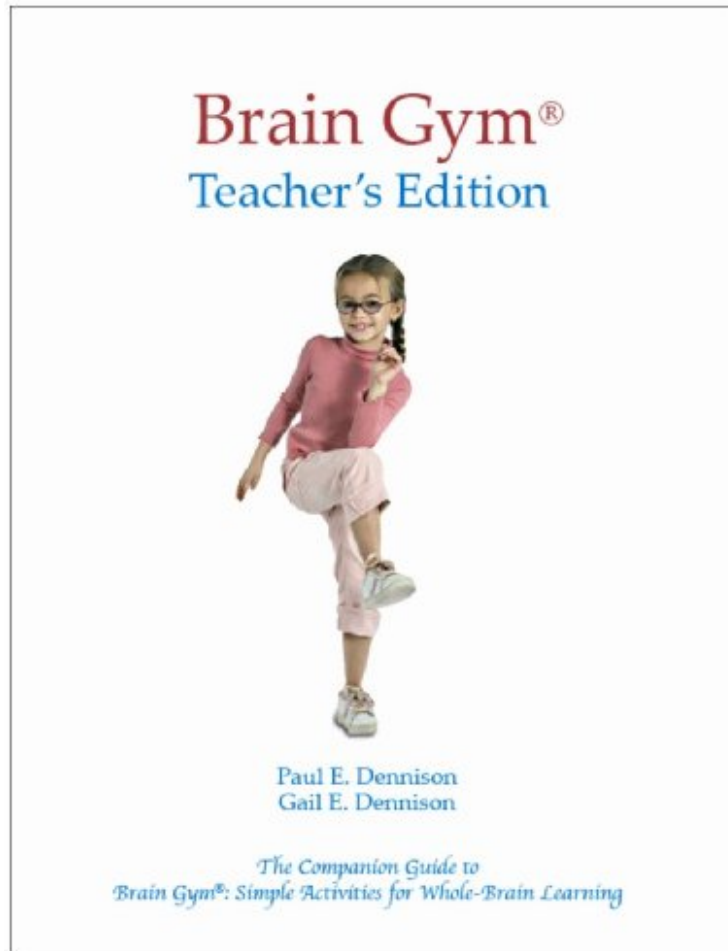


(Mobile book) Brain Gym: Teacher's Edition

Brain Gym: Teacher's Edition

Paul E. Dennison, Gail E. Dennison

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#242937 in Books 1989 Original language: English PDF # 1 11.25 x 8.75 x .251, Binding: Perfect Paperback 135 pages | File size: 70.Mb

Paul E. Dennison, Gail E. Dennison : Brain Gym: Teacher's Edition before purchasing it in order to gauge whether or not it would be worth my time, and all praised Brain Gym: Teacher's Edition:

0 of 0 people found the following review helpful. Disappointing. Not worth the money. By Jacob Bridger Missing a lot of information. Does not give good instructions on how to do the exercises. I have heard that the newer edition is much better. Don't waste your time on this version. 0 of 0 people found the following review helpful. Same as Patricia. Very misleading. The picture is ... By Customer Same as Patricia. Very misleading. The picture is of the new teacher edition but what was shipped is the old version (1997). 2 of 2 people found the following review helpful. Should be more widely used! By Angelique Sifrit I love this book and wish I could inculcate more into my daily life. It works, I am 100% sure of it. High recommended to parents and teachers for all children, no matter if there are any issues to be addressed.

Brain Gym Teacher's Edition details the 26 Brain Gym activities used around the world by people of all ages and abilities to make learning easier. This is the revised and enlarged third edition (2010). This is a stand-alone book for parents, teachers and learners who want in-depth descriptions and variations for the 26 Brain Gym activities. Those who need only drawings of the 26 and simple descriptions of how to do them can refer to the small orange book Brain Gym: Simple Activities for Whole-Brain Learning, written in a simple story form that children can understand. The book references recent research in the field of neuroplasticity as it shows how learners can master the physical skills required for development of academic abilities. The 26 activities, each taking just a minute or so to do, help learners to develop skills of stability, locomotion, and sensorimotor coordination, as well as providing effective tools for self-calming and self-management. When a student can respond to the stress that inhibits the flow of learning, he or she can better access the joy, creativity, and expression inherent in the learning process. This expanded 2010 version of the book offers new information on the physical skills involved in the learning process, ways to use the 26 activities to teach specific academics such as reading and writing, personal accounts from parent and educators, and games for teaching through movement and play.

The Brain Gym Teacher's Edition is a must-have for any classroom or business library. The clear, easy, yet profound nature of this work, as outlined in this practical book, has the potential to assist all learners to accomplish what they choose in life, whether it be academic, creative, athletic, or relational. It is time for learning to again become the cornerstone of our lives, opening us to greater awareness, connection, and joy in all we do, and this book shows the way. --Carla Hannaford, Ph.D, educator, biologist, and author of *Playing in the Unified Field: Raising Becoming Conscious, Creative Human Beings*. I have been using the Brain Gym program with my students for almost 25 years. It is by far the easiest and fastest way I know of to shift students from scattered to focused, from confused to clear, and from tense to relaxed. I appreciate the additional clarity and support in this NEW edition! --Victoria Kindle Hodson, coauthor of *Discover Your Child's Learning Style: The Key to Every Child's Learning Success*. A typical classroom experience lacks the quantity of movement required for healthy physiological development. The Brain Gym program demonstrates an intrinsic understanding that a well-developed human machine will excel at all of its tasks, including learning. This program is so fundamental to the biophysical process of learning that it's hard to believe it's not already in every curriculum. --Katy Bowman, bio mechanical scientist, director of the Restorative Exercise Institute, and creator of the Aligned and Well program. About the Author Paul E. Dennison is an internationally known educator, a pioneer in the field of movement-based learning, and an authority on the acquisition of cognitive and academic skills. Gail E. Dennison is the originator of Brain Gym International's Visioncircles, Double Doodle Play, and Movement Dynamics courses. Paul and Gail are the co creators of Educational Kinesiology and the Brain Gym program, and the authors of more than fifteen books and manuals, many of which have been translated into dozens of languages.