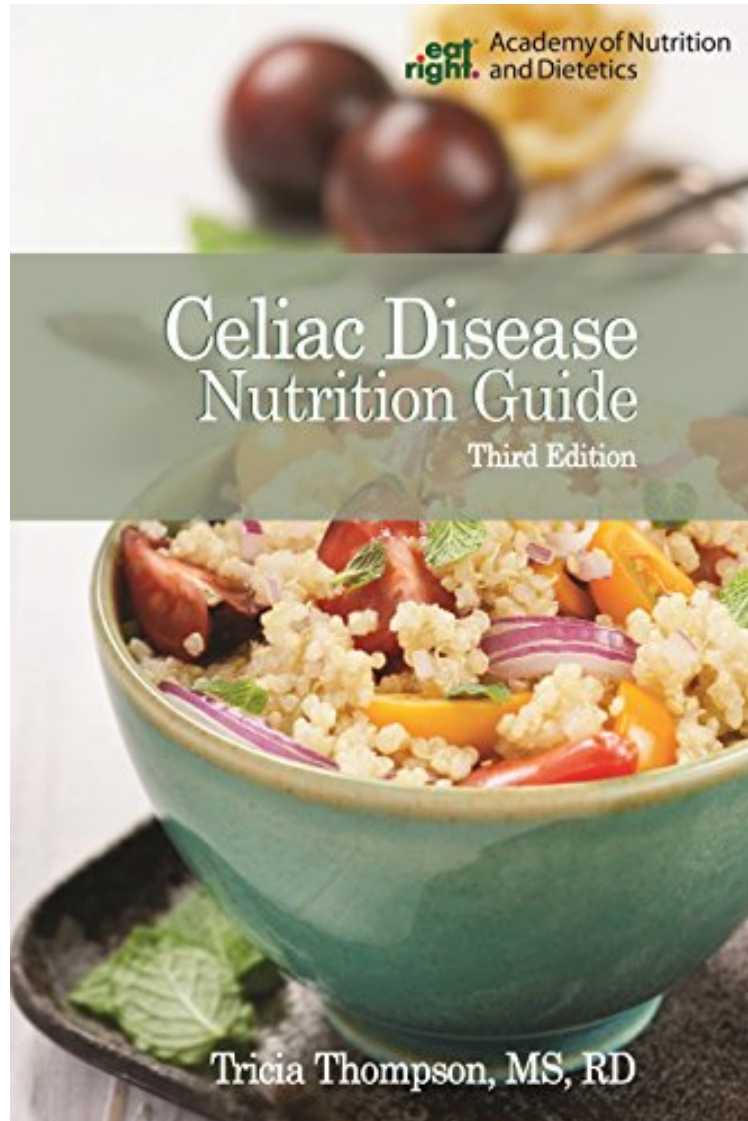


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## Celiac Disease Nutrition Guide, 3rd Ed.

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**Tricia Thompson : Celiac Disease Nutrition Guide, 3rd Ed.** before purchasing it in order to gage whether or not it would be worth my time, and all praised Celiac Disease Nutrition Guide, 3rd Ed.:

Fully updated to include new FDA gluten-free labeling rule information, this booklet is the essential guide for people diagnosed with celiac disease, dermatitis herpetiformis, or non-celiac gluten sensitivity. It outlines how to follow a gluten-free diet, identify food products and medications that might contain gluten, shop for gluten-free products, and

more.