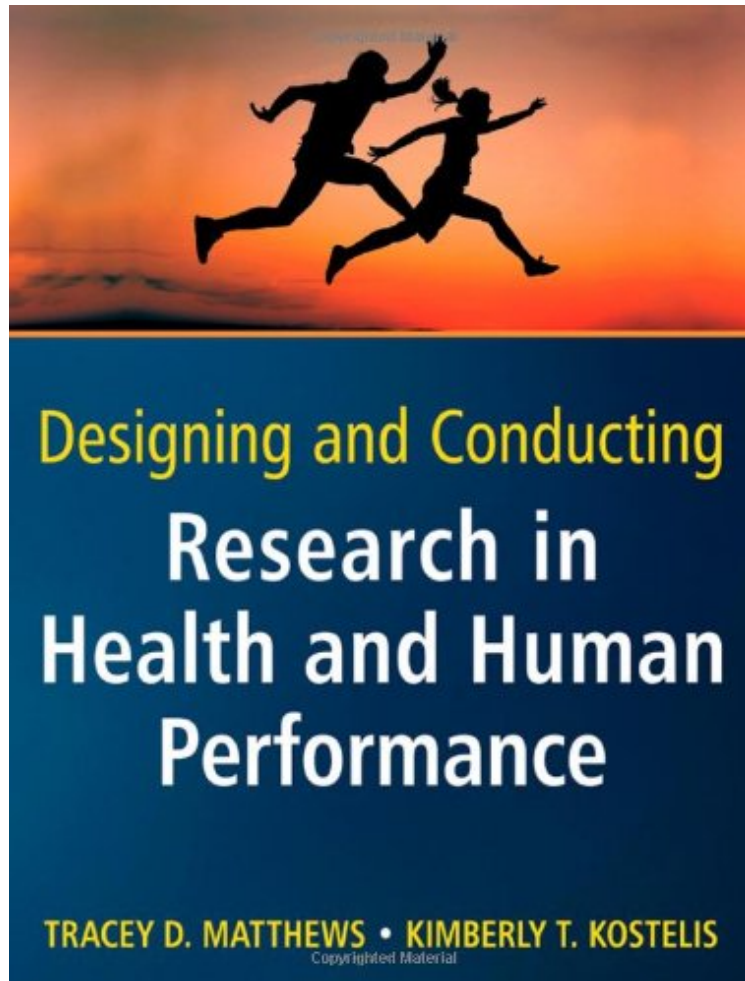


Designing and Conducting Research in Health and Human Performance

Tracey D. Matthews, Kimberly T. Kostelis
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About the AuthorTracey Dexter Matthews, DPE, is professor and department chair in the Exercise Science and Sports Studies Department at Springfield College, Springfield, Massachusetts. Kimberly T. Kostelis, DPE, is an associate professor in the Department of Physical Education and Human Performance at Central Connecticut State University, New Britain, Connecticut.