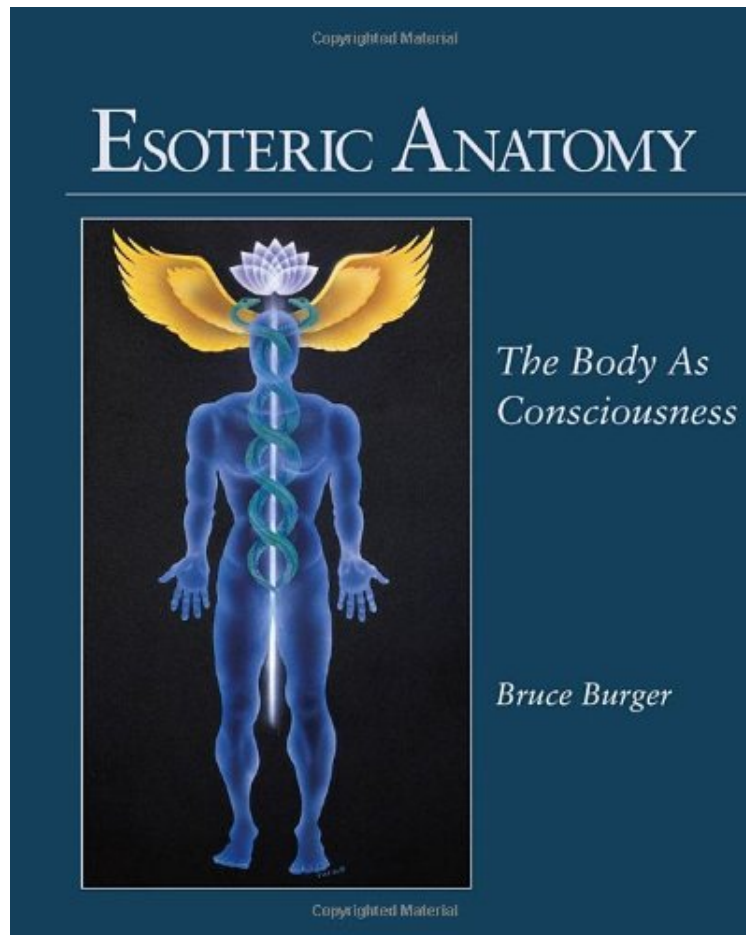


Esoteric Anatomy: The Body as Consciousness

Bruce Burger

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Esoteric Anatomy offers a spiritual approach to massage, bodywork, and somatic psychology, demystifying an ancient transpersonal model for understanding energy in nature and working with consciousness in the healing arts.

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About the Author
Bruce Burger, M.A., R.P.P., is the founder of Heartwood Institute, one of the world's leading centers for professional training in massage and somatic psychology. Located on 240 acres outside Garberville, California, Heartwood is now in its twentieth year as both a utopian community and educational institution. Burger holds degrees from the University of Pennsylvania and the New School for Social Research. He has been a member of the faculties of the University of Nevada and Rutgers University. Since he left academia in 1972 he has traveled widely and studied in Asia and India.